## 

## DAVID CAPPELLO

HAS COMPLETED THE

## RUN-BIKE-PADDLE (INDIVIDUAL)

**IN THE** 

## Try Simsbury Adventure Triathlon and Duathlon

WITH AN OFFICIAL TIME OF:

01:22:18

OVERALL: 3 / 71 GENDER: 3 / 40 AGE GROUP: 3rd Overall PACE: 4:59/mile